

## Contact details

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# Family Support

All families need support at some point. Seacroft Manston Partnership offers family support that can help families turn things around with practical and emotional support.

We are here  
to help...



*" Working with our family support worker was great. She inspired us and played a large part in our family life and helped us stay positive."*

## In a nutshell

Family life isn't easy. 70% of parents say that they would benefit from some advice, guidance and support.

Whether you are a mum, dad, carer, step-parent or grandparent, raising children can be the greatest joy in the world, but it's not the easiest of jobs.

Raising a family can be challenging and puzzling at times, but puzzles have solutions!

Schools in our cluster usually have mentors, pastoral teams, parenting groups; all that offer family support. This should be accessed in the first place – but sometimes this just isn't enough!

**Only schools in Seacroft Manston Cluster can make referrals for this service using the Cluster Referral Form (June 2016). Outside professionals should use MindMate SPA for advice.**

## What our offer looks like

Our aim is to identify, as early as possible, children and families in need of support and are designed to help anyone caring for a child.

As we are primarily a school support service, the process begins with a referral from the child's school. A full discussion starts the process to ensure that specific needs are identified on what the support worker will focus on.

We usually offer between 6 - 8 weeks of positive and practical support. At this end point we may phase out support and let the parents have a go on their own.

It might be that the family is ready to access a parenting group, has benefits sorted, is on de-tox programme.....

## Who we work with

This service works on an empowerment model (doing **with** rather than **for** the family).

We currently offer Family Support related to:

- Children displaying difficult behavior
- Drug and alcohol misuse
- Offenders
- Families affected by domestic violence
- Practical support around the home

## What we focus on.....

This service offers individual support, working with other agencies involved, usually within the family home

### **Family Support Workers can work alongside parents / carers to**

- Promote positive approaches to discipline and boundary setting;
- Explore the power of praise, play and positive interaction;
- Address family finance issues; such as benefit applications, debt advice, leading to greater financial well being
- Address drugs /alcohol misuse and offending that is impacting on children and young people
- Develop positive relationships after domestic violence