

## Mediation

Our mediation service is available to 11-19 year olds and their families. The service works with the young person and the significant parent/carer in the family who would like to improve their relationships by finding a solution to their problems that works for everyone involved. We are delivering this service for several clusters in the East and North-East of Leeds. Referrals usually go through cluster Guidance and Support procedures.

We provide a safe, confidential environment for people to talk through their issues and focus on moving forward rather than talking about everything that has gone wrong in the past or who was to blame.

### How it works

Initially, a mediator meets with the young person and one parent/carer separately to find out what the problems are and what they would like to change. They are both then invited to a mediation session, which will be guided by the mediator to ensure that both sides have a chance to be heard.

The mediator is there to help the young person and the parent/carer to find the solutions.

### Case study

A mother and daughter attended mediation sessions following issues with the mother's mental health which had led to social care and police involvement.

After 13 sessions the daughter was back living at home and no other agency was involved. The arguments and violence stopped, the young person's school attendance improved and she was looking forward to starting college in September. The intervention potentially stopped a young person becoming NEET and/or homeless.

'Mediation has helped me and my daughter calmly find out why we have been arguing so much and positively make small changes so that we can on better. I don't know where we would be now if we hadn't had this help' -  
Mother



For more information call Archway on 07496 888657  
Please note the referral will require the young person's consent.